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Results: With the initial study design of 2D XRT, dose limiting toxicity (DLT) of grade 3 esophagitis occurred in 3/6 pts at G 150 mg/m2/wk and 2/3 pts at G 125 mg/m2/wk. The protocol was thus amended to 3D conformal XRT. Using 3-D XRT, 0/3 pts who received G 125 mg/m2/wk and 0/3 at a G dose of 150 mg/m2/wk experienced DLT. At a G dose of 190 mg/m2/wk with concurrent 3D XRT, 2/6 pts had DLT of grade 3 esophagitis. There was a strong relationship between volume of esophagus in the XRT port and grade of esophagitis. Percent esophageal exposure at 60 Gy averaged 71% for the 2D cohort vs only 11% in the 3D cohort. With a median follow-up of 40 weeks, estimated median survival is 55 weeks and estimated 1-year survival is 53% [95% CI: 33%, 85%].

Conclusions: The MTD of G given weekly concurrent with conventional 2D XRT was less than or equal to 125 mg/m2/wk x 7wks. However, with 3D chest XRT the MTD was 190 mg/m2/wk x 7wks. DLT was grade 3 esophagitis. G given concurrently with 3D XRT is better tolerated than with 2D XRT, presumably due to decreased volumes of esophagus exposed using 3D approach.

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Weekly docetaxel as second line chemotherapy in advanced non small cell lung cancer (NSCLC): Final results and survival analysis

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The activity and toxicity of weekly docetaxel (D) after platin-based first-line therapy for advanced NSCLC were investigated in a prospective phase II study. A final analysis of 36 patients is presented.

Patients and Method: 36 patients were enrolled between 1/99 and 4/00. Most pts. (n = 26) showed progressive disease under first-line therapy. One third (n = 11) of pts. had a "sensitive relaps". Pts were treated with 6 cycles of weekly D (35 mg/m²) each interrupted by a 14 days break. In total 3 courses were administered. A total of 222 infusions of docetaxel were administered (median 6 weekly infusions).

Results. Toxicity: Severe (grade III/grade IV) hematotoxicity was not seen. Other than one grade IV diarrhea, grade III non-hematologic toxicities included nausea (1), asthenia (1), spontaneous pneumothorax (2), fluid retention (1), arrythmia (1), and nail toxicity (1). Mild cutaneous and nail toxicity occurred in 29 pts, neutropenia grade II in 2 cases, and mild asthenia (grade I and II) in 48 courses. Response: 35 patients were evaluable for response. Partial response (PR) was observed in 4/35 (11%), stable disease or minor response (SD/MR) in 14/35 (40%), and progressive disease (PD) in 17/35 (49%). Three pts are still alive (censored 8.3%). Median survival was 160 days (115–205, 95% CI., Kaplan-Meier-analysis, 3 cases censored).

Conclusion: Weekly docetaxel (35 mg/m²) as second line therapy is a well tolerated and safe regimen without occurrence of grade III/IV hematotocicity.

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Gemcitabine (GEM) and docetaxel (DTX) salvage regimen in non-small cell lung cancer (NSCLC) failing prior pacilitaxel platinum-based chemotherapy

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Purpose: Treatment options in patients with recurrent NSCLC remain limited as a result of poor activity of older agents after platinum-based therapy. In the present phase II study we evaluated the combination of GEM DTX in relapsed NSCLC.

Methods: Patients with advanced NSCLC (stages IIIB/IV), WHO-PS-2, prior paclitaxel platinum-based chemotherapy, unimpaired hematopoietic and organ function were eligible. Chemotherapy was administered as follows: GEM 1000mg/m2 on days 1 8 followed by DTX 100mg/m2 on day 8, recycled every 21 days. Prophylactic G-CSF was administered from day 10-14 or until WBC 5.000/ZI.

Results: 43 patiens have entered; 41 were evaluable for response and all for toxicity: median age=63 (47-70), PS=1 (0-2), gender=38 males/5 females, stages IIIA=4, IIIB=17, IV=22. Metastatic sites included; lymph nodes: 28, bone: 6, liver: 5, brain: 5, lung nodules: 8, adrenals: 7, other: 3. All patients had prior paclitaxel platinum-based treatment; 28 patienal prior paclitaxel-ifosfamide-cisplatin. Objective responses were; PR: 14/43 [33%; 95% confidence interval (CI)=18.5-46.6%], SD: 16/43 (37%;

95% CI=22.8-51.6%) and PD: 13/43 (30%; 95% CI=16.3-43.7%). The median time-to-progression (TTP) was 6mo (1-20) and median survival 8mo (1.5-20). 1-year survival was 28%. Grade 3/4 neutropenia was seen in 53% of patients (30% grade 4) and 14% incidence of febrile neutropenia. Grade 3 thrombocytopenia was seen in 7% of cases (no grade 4), while other grade 3 non-hematologic toxicities were never encountered.

Conclusion: The combination of GEM DTX is active and well tolerated in patients with advanced NSCLC failing prior taxane/platinum. It represents an effective combination to apply in the palliative treatment of relapsed NSCLC.

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Neoadjuvant chemotherapy followed by surgery in stage Illa/Illb non-small cell lung cancer

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Purpose: The study was undertaken to test whether marginally resectable or unresectable stage Illa-Illb non-small cell lung cancer (NSCLC) patients (pts) could reach a complete resectability after induction chemotherapy. The response to chemotherapy, surgical results and survival analysis were evaluated.

Methods: 56 pts were included into the study of Group A, vinorelbine 35mg/m2 day 1 and cisplatin 75 mg/m2 day 1, and Group B, vinorelbine 30mg/m2 day 1 and 8 and cisplatin 80 mg/m2 day 1. Cycles were repeated every 21 days. At the completion of induction therapy pts assessed to be resectable underwent thoracotomy. Radiation therapy was applicated in nonresected pts. The minimal follow up was 24 months.

Results: In our previous study, cisplatin and vinorelbine in the both dose intensity regimens proved to have a comparable toxicity and efficacy regarding response and survival. We report here the results of treatment for the entire group of 56 eligible pts. A total of 161 cycles were delivered. No complete response was observed. 30 pts (54%) had partial response, 15 pts (27%) had stable and 11 pts (19%) had progressive disease; 29 pts (52%) were surgically explored and 18 pts (32%) underwent a complete resection (pT0-3 N0-1). Complete pathological response was observed in 3 pts. In 6 pts lobectomy and in 6 pts pneumonectomy was done. 10 pts required intrapericardial pneumonectomy, with one tracheal, one esophageal and one chest wall resection. There were no lethal complications of surgery. The median survival of the whole group was 61 weeks. The cumulative survival was 59% at 1 year and 27% at 2 years. The median survival was 75 weeks in stage Illa and 60 weeks in Illb, the difference was not statistically significant. Responders survived significantly longer (93 weeks) comparing to pts with stable disease and progression (39 weeks, p<0,001). The completely resected pts survived significantly longer (122 weeks) as compared with the incompletely plus nonresected pts (50 weeks, p<0,001).

Conclusions: 32% of pts with marginally resectable or unresectable stage Illa-Illb NSCLC could reach a complete resectability after induction chemotherapy. Survival of pts stage Illa was comparable to stage Illb. Responders and resected pts survived significantly longer comparing to the pts with stable disease and progression, respectively to the incompletely resected plus nonresected pts. There were no treatment-related deaths in our study.

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A phase II trial of preoperative chemoradiotherapy using uft in clinical stage IIIb non-small cell lung cancer

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Purpose: Since our prior phase II trial showed the oral administration of UFT (Uracil + Tegafur) plus cisplatin with concurrent radiotherapy (60 Gy) in locally advanced non-small cell lung cancer patients to be effective (a response rate of 91%) and safe, we performed a phase II trial of preoperative treatment using this regimen.

Methods: From Sept., 1995 to Oct., 2000, 23 clinical stage IIIB patients were entered into this trial. Nineteen patients demonstrated T4N0-2M0 white 4 showed T1-2N3M0. UFT (400 mg/m2, p.o., d1-14, 29-42) plus cisplatin (80 mg/m2, i.v., d8, 36) were administered with concurrent radiotherapy (2 G/f. total 40 Gy).